



**Ministry of Higher Education and Scientific Research,
Scientific Supervision and Evaluation Authority
Quality Assurance and Academic Accreditation Department**

**Academic Programs Description
Madenat Alelem University
College of Physical Education & Sport Science**

2026-2025



University Name: Madenat Alelem University

Faculty/Institute: College of Physical Education & Science

Scientific Department: College of Physical Education & Science

Academic or Professional Program Name: Bachelor's in Physical Education and Sports Science

Final Certificate Name: Bachelor's in Physical Education and Sports Sciences

Academic System: annual

Date of preparation of the description: 1/2/2026

File filling date: 30/3/2026

Signature:

Name of the Dean of the College:

Asst. prof. (Pd.D.): Alaa Abed-Alqader Neama

Date: 30/3/2026

Signature:

Scientific Associate Name:

Asst. prof. (Pd.D.): Raad Abdul Qader Hussin

Date: 30/3/2026

The file was checked by the Division of Quality Assurance and University Performance

Name of the Head of the Quality Assurance and University Performance Division

MSC. Mhammed Abdulleh Mohammed

Date: 30/3/2026

Signature:

Approval of the Dean

Dr. Alaa Abed-Alqader Neama



1. Vision

Our vision stems from our deep understanding of the ever-changing demands of the sports field. We strive for the College of Physical Education to be a leader in providing distinguished education that contributes to the preparation of leadership cadres capable of making effective contributions to the development of public health and sports in the community. We aspire to become a reliable scientific reference for providing innovative and effective solutions in the fields of physical education and sports training, which contributes to enhancing the quality of sports education and reflects our commitment to developing generations capable of facing future challenges in this field.

2. Program Mission

The Department of Physical Education aims to prepare distinguished graduates with high skills that enable them to face modern sports challenges. We focus on developing students' critical and analytical thinking skills, which enhances their ability to make informed decisions in various fields of sports.

3. Program Objectives

Our college aims to prepare qualified cadres holding a Bachelor's degree in Physical Education with a high level of competence to meet the requirements of the stage through:

1. Developing theoretical and practical skills in the fields of physical education and sports training.
2. Enhancing analytical and research capabilities to conduct studies related to physical education, linking them to the needs of the community and the sports field.
3. Contributing to the development and improvement of sports institutions and schools by preparing graduates capable of providing innovative solutions to sports and educational challenges.
4. Strengthening cooperation with institutions in both the public and private sectors, and encouraging companies that contribute to improving the quality of sports education.
5. Enabling students to acquire effective leadership and training skills that qualify them to work in sports institutions and schools.
6. Developing strategic planning and decision-making skills in sports that align with changes in the sports environment.

4. Program Accreditation

The program does not have any accreditation

5. External influences

There is no sponsor for the program

6. Program Structure

Reviews*	Percentage	Credit Hours	Number of cycles	Program Structure
				Requirements of the institution
	100%	54		College Requirements
				Department Requirements
				Summer Training
				Other



Study Plan for the Department of Radiology

Grades	Course or Course Code	Course Name	.Crites hr				Unites
			Theoretical	teaching method	Practical	teaching method	
First stage First term	MPESS1101	History of Physical Education	2	Lectures	-	-	4
	MPESS1102	Anatomy	2	Lectures	-	-	4
	MPESS1103	Football	2	Lectures		Prac.	2
	MPESS1104	Basketball	2	Lectures		Prac.	2
	MPESS1105	Athletics	2	Lectures		Prac.	2
	MPESS1106	Swimming	2	Lectures		Prac.	2
	MPESS1107	Weightlifting	2	Lectures		Prac.	2
	MPESS1108	Scouting and guiding	2	Lectures		Prac.	2
	MPESS1109	Arabic Language	1	Lectures	-	-	2
	MPESS1110	English Language	1	Lectures	-	-	2
	MPESS1111	Human Rights	1	Lectures	-	-	2
	MPESS1112	Computer Skills	1	Lectures	-	-	2
second stage first term	MPESS1213	Sports Training	2	Lectures		Prac.	4
	MPESS1214	Measurement and Evaluation	2	Lectures		-	4
	MPESS1215	Sports Statistics	2	Lectures		-	4
	MPESS1216	Sports Biomechanics	2	Lectures		-	4
	MPESS1217	Teaching Methods	2	Lectures		-	4
	MPESS1205	Athletics	2	Lectures		Prac.	2
	MPESS1218	Gymnastics/Rhythmic Gymnastics (Girls)	2	Lectures	-	Prac.	2
	MPESS1204	Basketball	2	Lectures	-	Prac.	2
	MPESS1219	Handball	2	Lectures		Prac.	2
	MPESS1220	Volleyball	2	Lectures		Prac.	2
	MPESS1221	Boxing	2	Lectures		Prac.	2
	MPESS1209	Arabic Language	1	Lectures		-	2
MPESS1210	English Language	1	Lectures		-	2	
MPESS1212	Computer Skills	1	Lectures		-	2	
MPESS1222	Baath Party Crimes	1	Lectures		-	2	

Number of teaching staff		Specialization		Academic rank	Instructor's name
Lecturer	Essential	private	general		
	*	Sports psychology- football	Physical ed.	Ass.prof(ph. D)	Alaa Abed-Alkader
	*	Sports Biomechanics	Physical ed.	Ass.prof ph. D	Raad Abdul Qader
	*	Athletics	Physical ed.	MSC	Mohammed Abdullah
	*	Football-futsal	Physical ed.	MSC	Bedor Badry
*		Measurement &Evaluation	Physical ed.	Ass.prof ph. D	Muayyad Ismail Abed
*		Athlete training - tennis	Physical ed.	MSC	Ali Kazem Muslim



1. Expected learning outcomes of the program

Knowledge

Learning Outcomes

- 1- Explains the fundamental concepts and theories in the fields of education and sports science.
- 1- Presents current trends and approaches in the design of positive educational programs.
- 2- Explains the guidelines for applied scientific research in exercise.
- 3- Introduces the standards of quality and academic accreditation and the mechanisms for their application in academic programs and decisions.

Methods of assessing knowledge and understanding

- Daily exams
- Monthly exams
- Annual exams
- Oral exams
- Extracurricular exams

Skills

Learning Outcomes

1. Employs critical and creative thinking skills to analyze educational and sports problems and find innovative solutions.
2. Applies modern teaching and training strategies and methods using digital technologies and advanced techniques.
3. Demonstrates high professional competence in the practical and applied performance related to teaching and sports training tasks.
4. Uses assessment and follow-up tools to improve learning outcomes and enhance professional performance.

Methods of assessing thinking skills

- Daily exams
- Monthly exams
- Annual exams

Values

Learning Outcomes

- 1- Commits to Arab and Islamic values in all educational and professional practices, both inside and outside the work environment.
- 2- Promotes the principles of transparency, accountability, and good governance in academic and professional management.
- 3- Demonstrates a commitment to community service by implementing sports, educational, developmental, and awareness programs, and is keen on professional development and continuous lifelong self-learning.
- 4- Interacts positively within multidisciplinary teams and demonstrates leadership and responsibility skills.

Statement of Learning Outcomes



- Lecture
- Dialogue and discussion
- Cooperative learning (division into groups)
 - Brainstorming
 - Reciprocal teaching
 - Publishing lectures on the college or department website and for all teachers and all subjects
 - Use of display and audio equipment
 - Writing research and reports in English
 - Speaking in English in class and when participating
 - Conducting research and experiments to achieve the goals of sustainable development

3. Evaluation methods

- The direct way to ask and answer it in the lecture
- Expected and unannounced daily exams
- Evaluating research and evaluating its writing in terms of style, expression and spelling
- Ask questions to measure listening and attention in English
- Participation of students in evaluating the performance of their fellow students
- Practical assessment exams for listening, speaking and reading
- Monthly and Quarterly Exams
- Theoretical final exams



Professional Development

Mentoring new faculty members

- Work on diversifying classroom management methods and giving lectures
- The new faculty is exposed to the visit of the head of the department and the old teachers during the lectures
- Conducting personal interviews to know the teaching competence and skill in teaching
- Publishing research in international journals with an impact factor, writing literature, and participating in workshops and conferences

Professional development of faculty members

- The academic program is reviewed periodically in order to identify and fix its gaps.
- Annual evaluation of each unit from the head of the department or the rapporteur of the department.
- Periodic faculty reviews of the academic program.
- Establishing an external advisory body for the department that includes representatives of the student and the beneficiaries of this course.
- Periodic evaluation by the head of the department for faculty members.
- Students evaluate the faculty member by electronic referendum.
- Self-evaluation of the faculty member.
- Student evaluation of a stage of study by electronic poll method.
- Coordination with the Quality Division in the college and the university to follow up the application of the academic program in the department.

7. Personal Development Planning

1. Identify the social determinants of health to reduce disparities in access to quality care.
2. Self-awareness (self-awareness) 0 Examine and reflect on personal knowledge, skills, abilities, beliefs, prejudices, motivations, and emotions that can enhance or limit personal and professional growth.
3. Professionalism 0 Demonstrate behaviors and values consistent with the trust that patients, other healthcare providers, and the community place in the profession.
4. Learner(s) 0 Develop, integrate, and apply knowledge from foundational sciences (e.g. dentistry and social/behavioral/managerial and clinical sciences) to



8. Acceptance Criteria

The general average of central admission, which is within the applicable limits and according to the directives of the Ministry of Higher Education and Scientific Research.

2. Personal interview with students applying for admission and recording speech, behavioral or personality defects.

4. The most important sources of information about the program

The Quality Division in the college through the Quality Division at the university, which adheres to the quality conditions and upgrading the scientific, knowledge, skill and scientific research level according to the data of the Ministry of Higher Education and Scientific Research, which seeks with international quality conditions to raise the efficiency of the academy in line with the efficiency of the academy.

5. Program Development Plan

- Work to motivate students to use medical books
- Work on developing conversation, translation and reading skills by taking advantage of websites and means Other contemporary.
- Work to encourage students to know the most important books of medicine



Curriculum Skill Plan

Values		Skills						Objectives				Essential or optional	Course name	Course code	Grades	
		3C	2C	1C	4B	3B	2B	1B	A4	A3	A2					A1
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	History of Physical Education	MPESS1101	First stage First term annual
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Anatomy	MPESS1102	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Football	MPESS1103	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Basketball	MPESS1104	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Athletics	MPESS1105	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Swimming	MPESS1106	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Weightlifting	MPESS1107	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Scouting and guiding	MPESS1108	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Arabic Language	MPESS1109	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	English Language	MPESS1110	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Human Rights	MPESS1111	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Computer Skills	MPESS1112	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Sports Training	MPESS1213	second stage first term annual
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Measurement and Evaluation	MPESS1214	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Sports Statistics	MPESS1215	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Sports Biomechanics	MPESS1216	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Teaching Methods	MPESS1217	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Athletics	MPESS1205	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Gymnastics/Rhythmic Gymnastics (Girls)	MPESS1218	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Basketball	MPESS1204	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Handball	MPESS1219	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Volleyball	MPESS1220	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Boxing	MPESS1221	
		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Essential	Arabic Language	MPESS1209	

Curriculum Skill Plan



Grades	Course code	Course name	Essential or optional	Objectives					Essential or optional											
				4C	3C	2C	1C	4B		3B	2B	1B	A4	A3	A2	A1				
	MPESS1210	English Language	Essential	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	MPESS1212	Computer Skills	Essential	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	MPESS1222	Baath Party Crimes	Essential	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	